



ESPERANZA  
An Auberge Resort

**ESPERANZA, AN AUBERGE RESORT, TURNS UP THE HEAT  
WITH ALL-NEW WELLNESS EXPERIENCES**

*Award-Winning Cabo San Lucas Spa Enhances Treatment Menu With New Skin Care Lines, Couples  
Massage and Complimentary Yoga Classes*

**CABO SAN LUCAS, MEXICO (June 15, 2011)** – As temperatures start to rise across Cabo, the [Spa at Esperanza](#) is expanding its spa menu with a variety of new skin care services, products and wellness offerings designed to invigorate the mind, body and soul. Guests can retreat to the Spa at Esperanza, named the No. 1 spa in Mexico by the readers of *Travel + Leisure*, to enjoy exclusive new facials from Marie Veronique Organics; an enhanced signature facial program featuring Epicuren Discovery®; an energy-balanced couples massage technique exclusive to Esperanza; and two new complimentary yoga classes.

Guests can replenish their skin with two new **Marie Veronique Organics** facials, using products from Berkeley-based Marie Veronique Organics. Founder Marie Veronique Nadeau uses scientific research to learn how natural ingredients can help reduce the signs of aging. The entire line is free of toxins, petroleum-based products, nanoparticles, and any ingredient that has not been proven safe.

The new menu of facial options includes the *Baja Lime Brightening and Lightening Facial*, which uses Baja lime juice blended with Marie Veronique products with vitamin C and potent antioxidants to increase collagen and repair sun damage. The *Ultimate Anti-Aging Facial* features a nutritive mask with watermelon juice and a firming massage using ingredients rich in essential fatty acids and antioxidants to restore and tone the skin. Additionally, Marie Veronique Organics skin care products are offered for purchase at Esperanza, providing guests with an all-natural anti-aging skin care option from a company that operates responsibly and sustainably, sourcing fair trade, organic, and/or locally grown and using biodegradable products, labels, and easily recyclable packaging.

With Esperanza's enhanced signature facial program, guests can now enjoy a variety of new **Epicuren Discovery®** facials paired with the Spa's distinctive fresh-mask customized treatments, which will continue to serve as the foundation of the program. Epicuren Discovery performance-based skin care is renowned for its age-fighting Metadermabolic Enzyme™, which is integrated throughout the product line. Epicuren Discovery facials include the *Radiant Renewal* to hydrate and nourish the skin, *Sol Relief*, featuring an avocado moisturizing facial massage and Vitamin C infusion ideal for sun worshippers and *Papaya Probiotic Clarifying Facial* designed to provide a noticeably clearer complexion.

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To enhance the romantic spa treatments for couples, Esperanza has developed an exclusive massage technique, “*The Shared Hearts Massage*.” This custom massage is designed to create a flowing synergy of energy between the two recipients by opening the heart center and increasing circulation through a combination of Thai techniques and acupressure, which strengthens the organs and sexual chi. Guests can now experience this massage session as part of most couples treatments. In the middle of any massage 90 minutes or longer, Esperanza’s therapists will switch places and in doing so, they will bring the essence of one heart to another through thought and energy work.

Esperanza also recently added a pair of complimentary new yoga classes to its fitness offerings. Each Thursday at 6PM, guests can end their day with a calming evening yoga session by candlelight. On Saturdays at 7AM, guests can begin their day on the resort’s private beach with an energizing session set to the rising sun and the natural soundtrack of crashing waves.

Located on the southern tip of the Baja Peninsula, the Spa at Esperanza is renowned for its pampering treatments and exotic therapies using enzyme-rich tropical fruit, rich oils, sea greens, desert minerals and plants and other ingredients indigenous to the Baja Peninsula. Drawing on its coastal desert environment, spa interiors feature warm colors and traditional textures that reflect the area’s sun-drenched terrain, and original Mexican artwork complementing the spa’s contemporary architecture. Guests enter treatment rooms through wooden garden gates and lush private gardens with outdoor showers.

### **About Esperanza Resort**

Esperanza encompasses a 57-room resort, 60 privately owned villas, 36 private residences, a full-service spa and a signature restaurant, located on the bluffs overlooking two private coves at Punta Ballena near Cabo San Lucas. The resort is a member of the prestigious Relais & Châteaux collection. For reservations or more information, please call toll-free 866-311-2226 or visit [www.esperanzaresort.com](http://www.esperanzaresort.com).

### **About Auberge Resorts**

Auberge Resorts is a collection of exceptional hotels, resorts and private clubs, each with a unique personality that assures a memorable guest experience. While Auberge Resorts nurtures the individuality of each establishment, all are characterized by a set of communal elements: intimate, understated elegance; captivating locations that inspire exceptional cuisine and spa experiences; and gracious yet unobtrusive service. Among the Auberge collection of distinctive properties are: Auberge du Soleil, Napa Valley, Calif.; Calistoga Ranch, Napa Valley, Calif.; Encantado, Santa Fe, N.M.; Esperanza, Cabo San Lucas, Mexico; The Inn at Palmetto Bluff, Bluffton, S.C.; Rancho Valencia Resort and Spa, Rancho Santa Fe, Calif.; Element 52, Telluride, Colo.; and the Aspen Club, Aspen, Colo., with several others currently in development. For more information about Auberge Resorts, please visit [www.aubergeresorts.com](http://www.aubergeresorts.com).

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