

# TRAVEL+ LEISURE

WORLD'S  
MOST  
UNFORGETTABLE  
VIEWS

70

TRAVEL  
WEBSITES  
YOU  
SHOULD  
KNOW

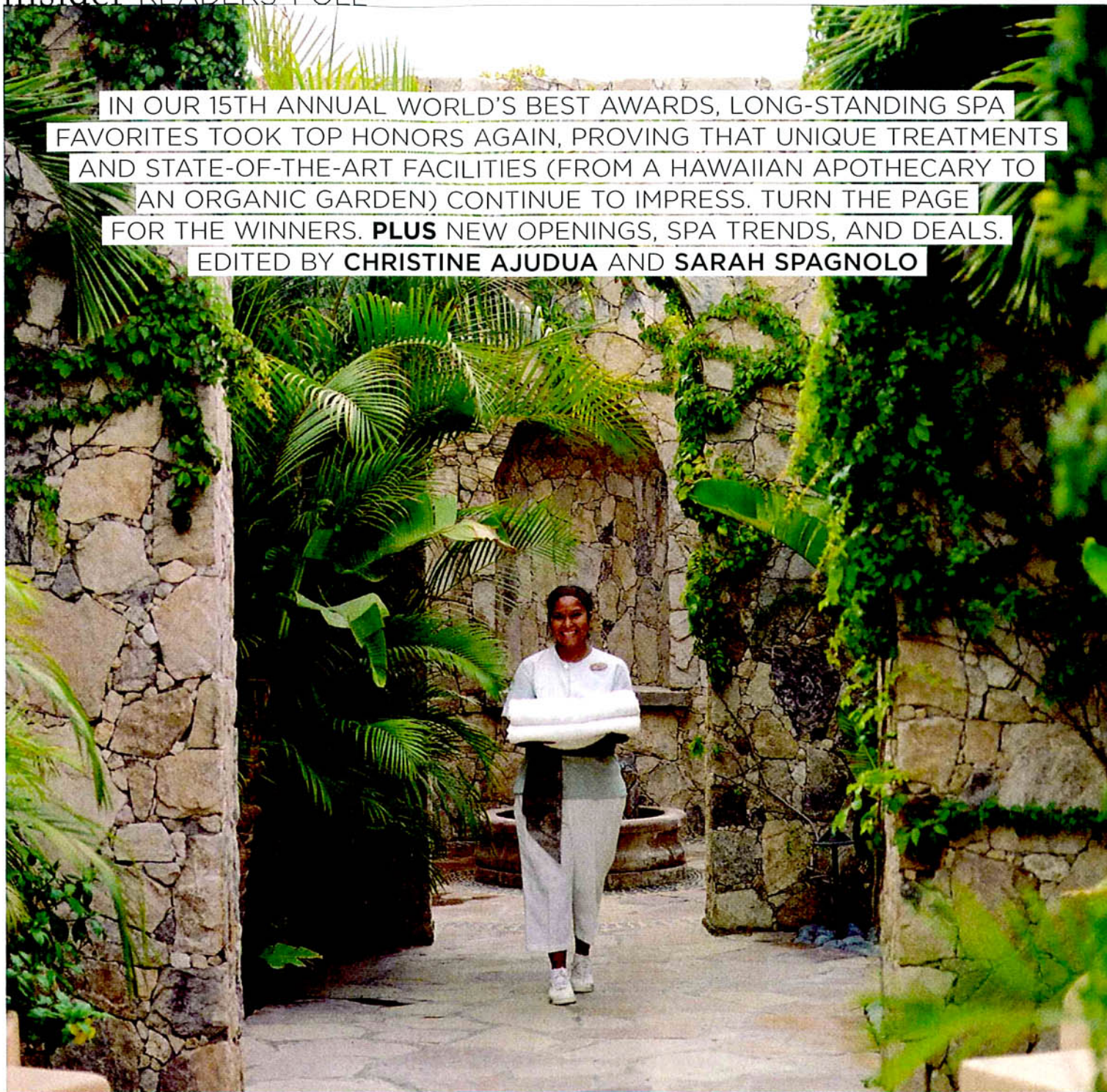
TRIP  
NAVIGATOR:  
BEIJING

easy  
fall  
getaways

HUDSON  
RIVER  
VALLEY  
LONDON  
ANGUILLA  
MEXICO  
FRANCE  
FLORIDA  
AND MORE



IN OUR 15TH ANNUAL WORLD'S BEST AWARDS, LONG-STANDING SPA FAVORITES TOOK TOP HONORS AGAIN, PROVING THAT UNIQUE TREATMENTS AND STATE-OF-THE-ART FACILITIES (FROM A HAWAIIAN APOTHECARY TO AN ORGANIC GARDEN) CONTINUE TO IMPRESS. TURN THE PAGE FOR THE WINNERS. **PLUS** NEW OPENINGS, SPA TRENDS, AND DEALS. EDITED BY **CHRISTINE AJUDUA** AND **SARAH SPAGNOLO**



# WORLD'S BEST SPAS

The Spa at Esperanza, An Auberge Resort, voted the No. 1 hotel spa in Mexico by T+L readers.

## TOP HOTEL SPAS By Region

### CONTINENTAL UNITED STATES AND CANADA

**INN AT PALMETTO BLUFF** Bluffton, South Carolina 95.33

**HAWAII FOUR SEASONS RESORT HUALALAI** Hawaii 93.42

**THE CARIBBEAN, BERMUDA, AND THE BAHAMAS COUPLES TOWER ISLE** St. Mary, Jamaica 96.00

**MEXICO ESPERANZA, AN AUBERGE RESORT** Los Cabos 93.50

**CENTRAL AND SOUTH AMERICA FOUR SEASONS RESORT** Carmelo, Uruguay 92.22

**EUROPE FOUR SEASONS HOTEL GEORGE V** Paris 97.50

**AUSTRALIA, NEW ZEALAND, AND THE SOUTH PACIFIC FOUR SEASONS HOTEL** Sydney 79.17

**ASIA FOUR SEASONS RESORT BALI AT JIMBARAN BAY** 96.07

**AFRICA AND THE MIDDLE EAST FOUR SEASONS HOTEL CAIRO AT NILE PLAZA** Egypt 90.00

## TOP 25 HOTEL SPAS Continental U.S. and Canada

1. **INN AT PALMETTO BLUFF** Bluffton, South Carolina 95.33
2. **MONTAGE LAGUNA BEACH** California 94.46
3. **MOHONK MOUNTAIN HOUSE** New Paltz, New York 94.06
4. **LA COSTA RESORT & SPA** Carlsbad, California 94.00
5. **DISNEY'S GRAND FLORIDIAN RESORT & SPA** Orlando 93.67
6. **HOUSTONIAN HOTEL, CLUB & SPA** Houston 93.13
7. **GROVE PARK INN RESORT & SPA** Asheville, North Carolina 93.02
8. **POST RANCH INN** Big Sur, California 92.81
9. **INN AT SPANISH BAY** Pebble Beach, California 91.84
10. **FAIRMONT SCOTTSDALE PRINCESS** Arizona 91.33
11. **BORGATA HOTEL CASINO & SPA** Atlantic City, New Jersey 91.25
11. **WYNN LAS VEGAS** 91.25
13. **CAMELBACK INN, A J.W. MARRIOTT RESORT & SPA** Scottsdale, Arizona 91.23

14. **MANDARIN ORIENTAL** Miami 91.14
15. **CALISTOGA RANCH** Napa Valley, California 90.88
16. **SANCTUARY AT KIAWAH ISLAND GOLF RESORT** South Carolina 90.36
17. **THE PHOENICIAN, A LUXURY COLLECTION RESORT** Scottsdale, Arizona 90.12
18. **PARK HYATT AVIARA RESORT (FORMERLY FOUR SEASONS RESORT AVIARA)** Carlsbad, California 89.81
19. **RITZ-CARLTON HALF MOON BAY** California 89.69
20. **RITZ-CARLTON AMELIA ISLAND** Florida 89.60
21. **HAWKS CAY RESORT & MARINA** Duck Key, Florida 89.58
22. **ST. REGIS MONARCH BEACH** Dana Point, California 89.50
23. **MONTEREY PLAZA HOTEL & SPA** California 89.38
23. **THE PENINSULA** Chicago 89.38
25. **HOTEL HERSHEY** Pennsylvania 89.22

Ⓢ Denotes a Great Value (a 50- or 60-minute massage for \$110 or less).



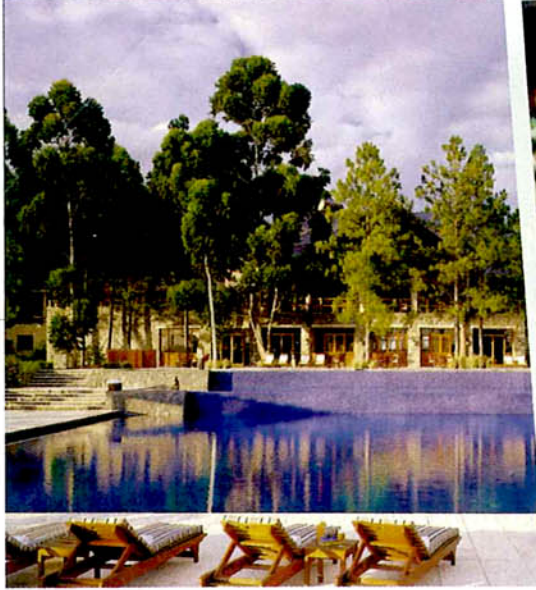
A treatment room at South Carolina's Inn at Palmetto Bluff, the No. 1 hotel spa in the U.S. and Canada, top. Below: Montage Laguna Beach, in California, No. 2 in the region.



**TREND TREATMENTS WITH A LOCAL TOUCH** TAPPING INTO THE SURROUNDINGS FOR SPECIAL INGREDIENTS AND CREATIVE INSPIRATION, THESE FOUR SPAS ARE TAKING LOCAVORISM TO ANOTHER LEVEL.

- At the **Farmhouse Inn** (*farmhouseinn.com*; treatments from \$130), in California's Russian River Valley, the resident gardener grows organic fruits and vegetables for the spa's nourishing Carrot, Carrot, Carrot body mask as well as the Michelin-starred farm-to-table restaurant.
- For the 30-minute foot scrub at Sandava Spa, at Florida's **Hyatt Regency Clearwater Beach Resort & Spa** (*hyatt.com*; treatments from \$35), therapists collect sand from the nearby coast.
- Within Guatemala's **Porta Hotel Antigua** (*portahotels.com*; treatments from \$65), Ceiba Porta Spa offers an Arbol de la Vida (Tree of Life) massage ritual that incorporates locally grown maize for exfoliation and jade stones meant to activate the chakras.
- Inside the **Westin Paris** (*thewestinparis.com*; treatments from \$52), the Six Senses at Rue de Castiglione Paris Roof Top Honey facial uses honey culled from beehives kept above the property's Patrick Blanc-designed vertical garden.

—JIM SHI



**SPA BLISS** From far left: The Four Seasons Resort in Carmelo, Uruguay; an alfresco massage at Hawaii's Four Seasons Resort Hualalai; fresh-squeezed juice served post-treatment at Esperanza, in Mexico.

TOP 5 HOTEL SPAS

## Hawaii

1. **FOUR SEASONS RESORT HUALALAI** Hawaii 93.42
2. **GRAND WAILEA** Maui 90.92
3. **FOUR SEASONS RESORT MAUI AT WAILEA** 89.29
4. **FAIRMONT ORCHID** Hawaii 89.06
5. **RITZ-CARLTON KAPALUA** Maui 89.05

TOP 5 HOTEL SPAS

## Mexico

1. **ESPERANZA, AN AUBERGE RESORT** Los Cabos 93.50
2. **CASAMAGNA MARRIOTT PUERTO VALLARTA RESORT & SPA** 92.78
3. **LE MÉRIDIEN CANCÚN RESORT & SPA** 92.22
4. **FOUR SEASONS RESORT** Punta Mita 86.54
5. **PUEBLO BONITO SUNSET BEACH RESORT & SPA** Los Cabos 85.77

TOP 10 HOTEL SPAS

## The Caribbean, Bermuda, and the Bahamas

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| 1. <b>COUPLES TOWER ISLE</b> St. Mary, Jamaica 96.00             | 6. <b>ROSEWOOD LITTLE DIX BAY</b> Virgin Gorda, British Virgin Islands 89.23 |
| 2. <b>COUPLES SANS SOUCI</b> Ocho Rios, Jamaica 93.36            | 7. <b>COVE ATLANTIS</b> Paradise Island, Bahamas 87.68                       |
| 3. <b>COUPLES SWEEP AWAY</b> Negril, Jamaica 92.28               | 8. <b>FAIRMONT SOUTHAMPTON</b> Bermuda 87.50                                 |
| 4. <b>ONE&amp;ONLY OCEAN CLUB</b> Paradise Island, Bahamas 90.24 | 9. <b>HALF MOON</b> Montego Bay, Jamaica 87.22                               |
| 5. <b>PETER ISLAND RESORT</b> British Virgin Islands 89.62       | 9. <b>LA SAMANNA</b> St. Martin 87.22  |

TOP 5 HOTEL SPAS

## Central and South America

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|---|--|
| 1. <b>FOUR SEASONS RESORT</b> Carmelo, Uruguay 92.22                                      | 4. <b>FOUR SEASONS RESORT COSTA RICA AT PENINSULA PAPAGAYO</b> 89.58 |
| 2. <b>LLAO LLAO HOTEL &amp; RESORT, GOLF-SPA</b> San Carlos de Bariloche, Argentina 91.36 | 5. <b>TABACÓN GRAND SPA THERMAL RESORT</b> Arenal, Costa Rica 87.08  |
| 3. <b>FOUR SEASONS HOTEL</b> Buenos Aires 90.26   |  |

TOP 10 HOTEL SPAS

## Asia

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| 1. <b>FOUR SEASONS RESORT BALI AT JIMBARAN BAY</b> 96.07 | 6. <b>J.W. MARRIOTT PHUKET RESORT &amp; SPA</b> Thailand 92.92                 |
| 2. <b>FOUR SEASONS RESORT</b> Chiang Mai, Thailand 95.00 | 7. <b>ANANTARA GOLDEN TRIANGLE RESORT &amp; SPA</b> Chiang Rai, Thailand 91.00 |
| 2. <b>MANDARIN ORIENTAL</b> Hong Kong 95.00              | 8. <b>RAFFLES GRAND HOTEL D'ANGKOR</b> Siem Reap, Cambodia 90.00               |
| 4. <b>FOUR SEASONS HOTEL</b> Shanghai 94.09              | 9. <b>SHANGRI-LA'S MACTAN RESORT &amp; SPA</b> Cebu, Philippines 87.50         |
| 5. <b>MANDARIN ORIENTAL</b> Bangkok 93.85                | 10. <b>INTERCONTINENTAL</b> Hong Kong 86.67                                    |

Denotes a Great Value



**TREND MEDICAL SPAS** HERE, THREE NEW SPOTS WHERE YOU CAN GET A FACIAL—AND A CHECKUP.

● Inspired by traditional Chinese medicine, the Chuan Spas at Pasadena, California's **Langham Huntington** and Shanghai's **Langham Yangtze Boutique** ([langhamhotels.com](http://langhamhotels.com); treatments from \$130) offer Eastern healing techniques like cupping and acupuncture. ● The Northwest Face Spa at the **Woodmark** ([thewoodmark.com](http://thewoodmark.com); treatments from \$125), on Lake Washington near Seattle, aims to diminish the signs of aging with a dual approach: chemical peels, laser skin-tightening, and other noninvasive treatments followed by chocolate and cucumber-butter body wraps. ● Complete with a "day hospital" and 58 spa rooms, the 120,000-square-foot Malo Clinic Spa, at the **Venetian Macao Resort Hotel** ([venetianmacao.com](http://venetianmacao.com); treatments from \$60), combines diagnostic services with treatments such as hydrotherapy, Botox injections, and cosmetic surgery. —NORA ZELEVANSKY