



ESPERANZA
An Auberge Resort

AUBERGE'S ESPERANZA RESORT UNVEILS ALL-NEW 2011 YOGA OFFERINGS
Complimentary Candlelight And Sunrise Yoga Classes Now Offered Weekly At Award-Winning Spa

CABO SAN LUCAS, MEXICO (January 10, 2011) – [Esperanza](#), Auberge Resorts' world class Cabo San Lucas resort, has announced the addition of two new yoga classes to its already extensive spa offerings. Whether guests are looking to end their day with a calming yoga session by candlelight, or begin their days with an energizing session on the beach, there's something for everyone at the spa that *Travel + Leisure* named the "Best Hotel Spa in Mexico" in its 2010 World's Best Spas reader's poll. Additional details as follows:



- Candlelight Yoga: Offered each Thursday at 6PM at the resort's Yoga Studio, this class will allow guests to enjoy a unique nighttime yoga experience. The class will help them melt the tension away, allowing their bodies to stretch and breath to flow in a setting surrounded by flickering flames and calming music.
- Sunrise Yoga: Taking place each Saturday at 7AM on the resort's private beach, this class will be sure to get guests' mornings off to an energizing start. Here, each guest is invited to use their body, breath and mind to relax and invigorate themselves to a natural soundtrack of crashing waves.

Esperanza encompasses a 57-room resort, 60 privately owned villas, 36 private residences, a full-service spa and a signature restaurant, located on the bluffs overlooking two private coves at Punta Ballena near Cabo San Lucas. The resort is a member of the prestigious Relais & Châteaux collection. For reservations or more information, please call toll-free 866-311-2226 or visit www.esperanzaresort.com.

ABOUT AUBERGE RESORTS

Auberge Resorts is a collection of exceptional hotels, resorts and private clubs, each with a unique personality that assures a memorable guest experience. Among the distinctive properties are Auberge du Soleil, Napa Valley; Esperanza, Cabo San Lucas; Calistoga Ranch, Napa Valley; The Inn at Palmetto Bluff, South Carolina; Encantado,

Santa Fe; Rancho Valencia Resort and Spa, Rancho Santa Fe, Calif., with several others currently in development. While Auberge Resorts nurtures the individuality of each establishment, all are characterized by a set of communal elements: intimate, understated elegance; captivating locations that inspire exceptional cuisine and spa experiences; and gracious yet unobtrusive service. For more information about Auberge Resorts, please visit www.aubergeresorts.com.

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